



February 2012

Breakfast Menu <u>Prices</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Student Breakfast ES \$1.00 Student Breakfast HS \$1.25 Reduced \$0.25 Adult Breakfast \$1.65			1 Mini Cinnis Cheese Stick Fruit Choice 100% Fruit Juice L. F. Milk Choice	2 Muffin Loaf String Cheese Fruit Choice 100% Fruit Juice L. F. Milk Choice	3 Sausage, Egg and Cheese on a Whole Wheat Bun Fruit Choice 100% Fruit Juice L.F. Milk Choice
Milk Choices Include: White, Chocolate and Strawberry  All milk choices are 1% L.F. or less or Non Fat milk	6 Hot Ham & Cheese on a Whole Grain Bun Fruit Choice 100% Fruit Juice L. F. Milk Choice	 7 French Toast with Syrup Sausage Links Fruit Choice 100% Fruit Juice L. F. Milk Choice	8 Whole Grain Pop Tart (single) 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	9 Waffle Sticks with Syrup Ham Slice Fruit Choice 100% Fruit Juice L. F. Milk Choice	10 Sausage, Egg and Cheese on a Whole Wheat Bun Fruit Choice 100% Fruit Juice L. F. Milk Choice
Lactose free milk available upon request.  	13 Whole Grain Pop tart (single) 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	 14 Muffin Loaf 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	15 French Toast with Syrup Sausage Patty Fruit Choice 100% Fruit Juice L. F. Milk Choice	16 Whole Grain Pop Tart (single) 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	17 Sausage, Egg and Cheese on a Whole Wheat Bun Fruit Choice 100% Fruit Juice L.F. Milk Choice
<b>Available Daily:</b> General Mills Cereal with Yogurt  	20 <b>Schools Closed President's Day</b>	21 Egg & Cheese on a Whole Grain Bun Fruit Choice 100% Fruit Juice L. F. Milk Choice	22 Mini Pancakes Sausage Link Fruit Choice 100% Fruit Juice L. F. Milk Choice	 23 Muffin Loaf 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	24 Sausage, Egg and Cheese on a Whole Wheat Bun Fruit Choice 100% Fruit Juice L. F. Milk Choice
<b>Balloons for Balanced Lunch</b> Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy	27 Super Donut 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice	28 Whole Grain Pop Tart (single) 4 oz. Yogurt Fruit Choice 100% Fruit Juice L. F. Milk Choice 	29 Egg and Cheese On a whole Wheat bun Fruit Choice 100% Fruit Juice L. F. Milk Choice		<b>DID YOU KNOW? IF YOUR CHILD QUALIFIES FOR FREE OR REDUCED LUNCH THEY ALSO GET FREE OR REDUCED BREAKFAST</b>
			<i>Menu subject to change without notice*</i>		