

Senior Information Sheet

A Personal Profile

It is important that this form be filled out accurately and completely! This information will be helpful to your counselor in preparing a written recommendation for your college application or for scholarship consideration. Please complete this form and return to the Counseling Office as soon as possible.

Name _____

- | | |
|--|------------------------------------|
| 1. To which college/colleges do you plan to apply? | Why have you selected this school? |
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |

2. Have you formulated a career choice or college major? If so, what is it? _____

3. List your activities outside of school.

Work Experience _____

Volunteer Experience _____

Community Groups (church youth group, etc.). _____

4. Which activity listed above has been particularly meaningful to you and why? _____

5. List your special interests, abilities, hobbies and experiences. (Examples: sports, collections, music, art, family trips, etc.). If you have a special proficiency in any area (music, sports, photography, etc.), indicate the area and describe specifically your skills and involvement. _____

6. What are your proudest accomplishments:

A. Academic: _____

B. Personal: _____

7. What are your immediate and long-range career aims? What would you like to be doing ten years from now?

8. Give five descriptive adjectives that tell something about you as a person.

9. If you were to write your own recommendation, either for college for a job, what are some of the points you would include? (Attach an additional sheet of paper to answer this if you need more room.)

10. Describe any unusual personal circumstances or obstacles that you have overcome.

11. Describe any circumstances in your life that might have had a negative factor in your academic progress.

12. List four teachers or staff members who know you well.

1. _____ 2. _____
3. _____ 4. _____

13. List your favorite courses in high school and tell me why they are your favorites.

Your thoughtful comments will be invaluable to me as I write the school recommendation in the fall.

Student Signature

Date

Please return to Woodbury High School Counseling Office, 25 North Broad Street, Woodbury, NJ 08096 prior to the beginning of the school year. Thank you!